

THE LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH,
RALPHS, AND L.A. CARE HEALTH PLAN ARE WORKING TOGETHER
TO GIVE AWAY THE LARGEST **FREE** SUPPLY
OF NICOTINE PATCHES AND NICOTINE GUM IN CALIFORNIA!



**WE NEED YOU TO HELP
LOS ANGELES QUIT!!!**

Who can volunteer?

**Anyone 18 years of age and
older can help out!**

Volunteers are needed at Ralphs store pharmacies throughout LA County . You will have the opportunity to help the public in completing surveys, directing people to the pharmacy, helping pharmacy staff, distributing quit smoking materials and resources, and answering general questions.

How many hours will I be needed? Can I get volunteer time credit?

We would like volunteers to commit to at least one 3-hour shift. Volunteer time will also be given credit for those who need to do volunteer work/hours. Volunteer for as many hours and days as you are able to!

When and Where will I be volunteering?

The distribution of the free nicotine patches and gum will take place at all 47 Ralphs pharmacies throughout LA County beginning Monday, June 15 and continuing through the week as supplies last.

How do I sign up?

To volunteer for this exciting public health initiative, visit <http://LAQuits.com> or call (310) 552-4195 to find a Ralphs pharmacy location near you. Call or email your availability & contact info to: laquits@rogerspr.com or (310) 552-4195 by **FRIDAY, June 5, 2009.**